








# MONROE SENIOR CENTER



101 MINE ROAD, MONROE, NY 10950

Ann Marie Morris -- Director 783-9486 (office)

## March 2018

Monday	Tuesday	Wednesday	Thursday	Friday
Daylight Saving Time Begins March 11 	Passover begins March 30 <sup>th</sup> @ sundown  Good Friday March 30 <sup>th</sup>	Spring Begins March 20 <sup>th</sup> 	1 <b>PIZZA &amp; BINGO</b> 12 noon \$1.50  Spkr: VillageCandidate John Karl	2 <b>Tax-Prep Help</b> (by appt only: dial 2-1-1) Stretch Yoga 8:45-9:30 Osteo 9:30-10:30 Aerobics 10:30-11:30 Mens Cards 11:30 Ladies Cards 12 noon
5 AARP Defensive Driving Class 9a-4p Yoga (cancelled) Stretch 10:30-11:30 Ladies Cards 11:00 Coloring & Coffee 11:45 Visual Entertain (cancelled today)	6 Aerobics 9:30-10:30 Meditation 10:30-11:30 ZUMBA 11:30-12:30  Mens Cards 11:30 Ladies Cards 11:30	7 Aerobics 9:30-10:30 Osteo 10:30-11:30 Cards-Ladies 12:00 Intro to Spanish 11:30-12:30 <b>YOUNG at HEART</b> 12:30 Play@MiddleSchool 4pm w/dinner after play	8 <b>JOLLY SENIORS</b> 12 noon Spkr: Village Candidate Neil Dwyer Carey Alley Dorey Houle  Blood Pressure 1pm	9 <b>Tax-Prep Help</b> (by appt only: dial 2-1-1) Stretch Yoga 8:45-9:30 Osteo 9:30-10:30 Aerobics 10:30-11:30  Mens Cards 11:30 Ladies Cards 12 noon
12 Yoga (cancelled) Stretch 10:30-11:30 Ladies Cards 11:00 Coloring & Coffee 11:45 Visual Entertain 12:00-2:00	13 Aerobics 9:30-10:30 Meditation 10:30-11:30 ZUMBA 11:30-12:30  Mens Cards 11:30 Ladies Cards 11:30	14 <b>Brownstone Trip</b> St. Patrick's bus @ 9:30  Aerobics 9:30-10:30 Osteo 10:30-11:30 Cards-Ladies 12:00 Intro to Spanish 11:30-12:30	15 Play@HighSchool 9am-12noon  St.Patrick'sDay IrishSodaBread & BINGO \$ .25 coffee/tea 12 noon Spkr: VillageCandidate Jim Purcell Wayne Chan	16 <b>Tax-Prep Help</b> (by appt only: dial 2-1-1) Stretch Yoga 8:45-9:30 Osteo 9:30-10:30 Aerobics 10:30-11:30  Mens Cards 11:30 Ladies Cards 12 noon
19 Yoga (cancelled) Stretch 10:30-11:30 Ladies Cards 11:00 Coloring & Coffee 11:45 Visual Entertain 12:00-2:00	20  Aerobics 9:30-10:30 Meditation (cancelled) ZUMBA 11:30-12:15  Mens Cards 11:30 Ladies Cards 11:30	21 Aerobics 9:30-10:30 Osteo 10:30-11:30 Cards-Ladies 12:00 Intro to Spanish 11:30-12:30 <b>YOUNG at HEART</b> 12:30	22 <b>JOLLY SENIORS</b> 12 noon	23 <b>Tax-Prep Help</b> (by appt only: dial 2-1-1) Stretch Yoga 8:45-9:30 Osteo 9:30-10:30 Aerobics 10:30-11:30  Mens Cards 11:30 Ladies Cards 12 noon
26 Yoga (cancelled) Stretch 10:30-11:30 Ladies Cards 11:00 Coloring & Coffee 11:45 Visual Entertain 12:00-2:00	27 Aerobics 9:30-10:30 Meditation (cancelled) ZUMBA 11:30-12:15  Mens Cards 11:30 Ladies Cards 11:30	28 Aerobics 9:30-10:30 Osteo 10:30-11:30 Cards-Ladies 12:00 Intro to Spanish 11:30-12:30 Coloring & Coffee 11:45	29 <b>Chinese Lunch &amp; BINGO</b> \$ 7 12 noon (Pre-order lunch by 3/26 Monday)	30 <b>Tax-Prep Help</b> (by appt only: dial 2-1-1) Stretch Yoga 8:45-9:30 Osteo 9:30-10:30 Aerobics 10:30-11:30 Mens Cards 11:30 Ladies Cards 12 noon

**\*\*If Center is closed or has a delayed opening due to inclement weather call Office Phone after 8 am for information**